



TOWN OF HUDSON
PARK COMMISSION
DIVISION OF RECREATION
78 MAIN STREET
HUDSON MA 01749
TEL: 978-568-9642 FAX: 978-562-8508



SUMMER 2011 BROCHURE

Registration for Summer 2011 Programs Begins Monday, June 6th at 8:30 am Town Hall Auditorium

ONLINE PROGRAM REGISTRATION ... COMING FALL 2011 !!!

The Hudson Recreation Department has been exploring online program registration software over the past year. This would provide families with the option of completing all registrations online, as well as registering in person at our office.

It will also give everyone immediate access to view, register and pay for programs by using a credit or debit card. We are still working on developing and implementing the software program. The new software is scheduled to be in place and fully functional by the Fall of 2011.

To get the latest updates for online registration please visit our website:

www.townofhudson.org

Click on "Town Government", then Click on "Recreation"

Program Information

All registrations must be submitted prior to the start of each program and all fees must be paid in full at that time. Residency restrictions apply towards many programs. Non-residents may participate in limited programs for an additional \$10.00 per person, per program. See each program listing for exact fees.

The Park Commission reserves the right to cancel, adjust, restrict and/or consolidate any or all programs, if deemed necessary, in the best interest of the Town.

MASSACHUSETTS STATE PARKS PASS

Offered through the Massachusetts Division of Conservation Services (DCR)

Hudson Recreation has a Massachusetts State Parks Pass that may be borrowed, which entitles the bearer to free parking for one vehicle at over 50 facilities in the Massachusetts State Park System (i.e. Walden Pond, Salisbury State Park, Hopkinton State Park, Quinsigamond Regatta Point, Great Brook Farm, etc).

For more information or to reserve the pass call 978-568-9642.

PARK PASSPORT PROGRAM:

Residents who are interested in obtaining the free passport book, which gets stamped each time you visit a state park, can visit:

www.mass.gov/dcr/passport

TENNIS COURT DANCE

Saturday, August 27, 2011
HUDSON ELKS

4'S AND 5'S PROGRAM - Hudson Residents

AGES: 4 and 5 year olds (must be 4 by June 1st)
LOCATION: Hudson High School Pre-School Wing
DAYS: Tuesdays through Fridays (**NO MONDAYS**)
TIME: 9:00 am to 12 noon
DATES: June 28 to July 29
FEE: \$125.00



PLAYLOT - Hudson Residents Only

AGES: 6 to 9 (must be 6 by June 1st)
LOCATION: Farley School Gym
DAYS: Mondays through Fridays
TIMES: 9:00 am to 3:00 pm
DATES: June 27 to August 12 (**Closed – Monday, July 4**)
FEE: \$200.00 - 1st child in family
\$175.00 - For each additional child in family

Participants must bring snacks, drinks and a lunch daily.

FIELD TRIPS: Field trips will be held on most **FRIDAYS** and **REQUIRE additional FEES and PERMISSION SLIPS.**

LUNCH PROGRAM: In conjunction with Hudson Public School Food Services Department.
Mondays—1/2 wrap sandwich (Turkey, Ham or Bologna), snack well, fruit and a small water.
Thursdays—2 slices of pizza and a small water.
\$2.00 per day
Sign up with leaders at the site by each Thursday for lunch service the following week.

Baseball/Softball: Child must be registered for Playlot in order to participate (requires additional fee)

DATES: Baseball: July 18 to 21
Softball: July 25 to 28
(Boys and Girls may sign up for either clinic)
TIMES: 9:00 am to 12:00 noon
FEE: \$30.00 per child/per clinic

Conditioning, stretching, fundamentals of hitting, pitching, throwing and baseball/softball related games will be a part of this program. Each child **MUST** bring his/her own glove. Children may also bring in their own bats and helmets. (Please make sure equipment is clearly marked. Hudson Recreation and its staff are not responsible for lost or stolen equipment).

OUTDOOR ACTIVITIES - Hudson Residents Only

AGES: 10 to 14 (must be 10 by June 1st)
LOCATION: Hudson High School Gym
DAYS: Monday through Friday
TIMES: 9:00 am to 3:00 pm
DATES: June 27 to August 12 (**Closed—Monday, July 4**)
FEE: \$200.00 - 1st child in family
\$175.00 - For each additional child in family

Participants must bring snacks, drinks and a lunch daily.

FIELD TRIPS: Most field trips will be held on **TUESDAYS** and **REQUIRE additional FEES and PERMISSION SLIPS.**

LUNCH PROGRAM: In conjunction with Hudson Public School Food Services Department.
Wednesdays—1/2 wrap sandwich (Turkey, Ham or Bologna), snack well, fruit and a small water.
Fridays—2 slices of pizza and a small water.
\$2.00 per day
Sign up with leaders at the site by each Thursday for lunch service the following week.

TRACK AND FIELD PROGRAM - Hudson Residents Only

AGES: 9 to 14 (must be 9 by June 1st)
LOCATION: Morgan Bowl Track @ Hudson High School
FEE: \$80.00

PRE-SEASON CONDITIONING:

DAYS: Tuesdays, Wednesdays and Thursdays
TIME: 6:00 pm – 7:00 pm
DATES: May 31, June 1, 2, 7, 8, 9

PRACTICES:

DAYS: Tuesdays
TIME: 5:30 pm – 7:30 pm
DATES: June 21 to July 26

WEEKLY MEETS:

LOCATION: Framingham (*Drop off and pick up will be at Town Hall*)
Transportation for participants will be provided by Hudson Recreation
DAYS: Wednesdays
TIMES: 5:00 pm – 9:00 pm (approx.)
DATES: June 6 to July 27

Meets in Framingham require a registration fee for each date, which usually does not exceed \$1.00 per child per meet. Vans will stop for dinner after the meets at Papa Gino's - children will need their own money (approx \$8.00).

LOCAL HERSHEY TRACK MEET

DATE: Tuesday, June 14, 2011 at 4:00 pm
Rain Date: Wednesday, June 15 at 4:00 pm
LOCATION: Morgan Bowl @ Hudson High School
FEE: \$3.00 registration fee for Hudson Track Program Participants
\$5.00 registration fee for all others

All youngsters qualifying must meet Hershey Track age requirements.
Results from our local meet are sent to the State Coordinator and they will announce our qualifiers.
Only youngsters who qualify in the local meet will proceed to the State Finals.

STATE TRACK MEET

Saturday, June 25, 2011 at Nashoba Regional High School in Bolton, MA (Route 117).
Registration at 9:00 am; Meet starts at 10:00 am.



USTA YOUTH TENNIS TOURNAMENT - Riverside Park Tennis Courts

Boys and Girls **Singles and Doubles — Level 7**
Boys and Girls **Green Ball Singles Round Robin — Ages 10 and Under**
DATES: August 26 through 28 (Friday start dependent on number of entries)
FEE: \$45.65 per single; \$28.00 per person doubles

All tournament players must be USTA members. Annual USTA Junior membership is \$19 and includes: special events, merchandise discounts and more!

For more information and to join, access: www.ustanewengland.com

Sign up for the Tournament online at: <http://tennislink.usta.com/tournaments/schedule/Search.aspx>
Enter Tournament ID # 450521611 Click on the "TennisLink" to register on-line
Entries Close Sunday, August 21, 2011 at 11:59 PM

TOURNAMENT DIRECTOR: STEVE WINER
Cell: 508-864-2702
stevewiner@hotmail.com

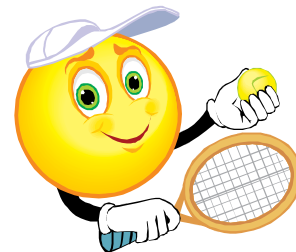
Parental consent/standard release waiver must be signed day of tournament.

TINY TOT TENNIS INSTRUCTION

AGES: 4 -6 (must be 4 by June 1st)
LOCATION: Riverside Park Tennis Courts
DAYS: Mondays through Fridays
TIME: 9:00 am - 12 noon
DATES: Session 1A.....June 27 to July 1
Session 2A.....July 11 to July 15
Session 2B.....July 18 to July 22
Session 3A.....July 25 to July 29
Session 3B.....Aug 1 to Aug 5

FEE: \$25.00 per session
An additional \$10 will be charged for Non-Residents.

Classes last 45 minutes. We guarantee 3 classes out of a possible 5 classes per session. Please make sure your child brings water and their own equipment to their lesson.



YOUTH TENNIS INSTRUCTION

AGES: 7-8
9-10
11-14
LOCATION: Riverside Park Tennis Courts
DAYS: Mondays through Fridays
TIME: 9:00 am, 10:00 am or 11:00 am
DATES: Session 1.....June 27 to July 8 (**No Classes Monday, July 4**)
Session 2.....July 11 to July 22
Session 3.....July 25 to August 5

FEE: \$40.00 per session
An additional \$10 will be charged for Non-Residents.

Classes last one hour a day over a two week session. We guarantee 8 classes out of a possible 10 classes per session. Please make sure your child brings water and their own equipment to their lesson.



MATCH PLAY TENNIS

AGES: 7-15
LOCATION: Riverside Park Tennis Courts
DAYS: Wednesdays and Fridays
TIME: 1:30 pm to 3:30 pm
DATES: July 6 to July 29
FEE: \$5.00 per date

No prior registration required, although a waiver must be on file at the recreation office. Fees can be paid directly to instructors each day your child attends a session.

Match Play Tennis will take place through the month of July. Our hope is to give children the opportunity to play tennis on a more competitive level while enhancing and improving their skills. Our instructors will match up each of the players every week for both singles and doubles (depending on the number of players). This program is open to children ages 7 - 15, including those that are not signed up for our summer tennis lessons. Each player should bring a racquet and a water bottle.

ADULT TENNIS LESSONS

AGES: 16 and up
LOCATION: Riverside Park Tennis Courts
DAYS, TIMES AND FEES - To Be Determined

If you have a group of people and are interested in playing both in Town and against adults in surrounding communities please let us know!!!

Contact Hudson Recreation for more details.

WOOD PARK - SUMMER CONCERT SERIES - 65 Park Street

DAY/ TIME: Wednesdays at 6:30 pm

6/8	BRASS CONNECTION	Hudson Recreation
6/15	River's Edge Community Band, Chorale and Pro Musica Youth Chorus Yesue Memorial Concert <i>Rain Location: Hudson High School</i>	Hudson Arts Alliance
6/22	QUARTET INTEL	INTEL
6/29	JUMPIN JUBA	Hudson Recreation
7/6	LORI DIAMOND and FRED ABATELLI	Hudson Recreation
7/13	SWAGGER	INTEL
7/20	A MUSICAL THEATER SAMPLER <i>Rain Location: Hudson High School</i>	Hudson Arts Alliance
7/27	FLASHBACK	Hudson Recreation
8/3	BOOGALOO SWAMIS	Hudson Recreation

Please note: Rain Location will be the Town Hall Auditorium, unless otherwise noted.

CELLUCCI PARK - THURSDAY LUNCH HOUR CONCERT SERIES - 37 South Street

DAY/ TIME: Thursdays at 12:00 noon

6/16	LENNY SOLOMON	Hudson Recreation
7/21	JUMPIN JUBA	Hudson Recreation
8/18	ED and DA VE	Hudson Recreation

FREE concert series. New for 2011 season!!!

Bring your family, friends and co-workers down to Cellucci Park to enjoy some music.

There is no rain location for the concerts listed above. In the event of inclement weather, the performances will be rescheduled.

CELLUCCI PARK SPLASH PAD - 37 South Street

DAYS: Sunday through Saturday
TIMES: 9:00 am to 7:00 pm
DATES: Mid June to Mid September

SYSTEM ACTIVATION:

Place hand on the "BLACK" button located on the "Yellow Railway Crossing" feature. This will activate the spray features for a period of 3 minutes. The Splash Pad system must be re-activated after each 3 minute cycle.

Please be aware that the Splash Pad is equipped with a chemical monitoring system that will automatically shut-off the Splash Pad if the chemical levels fall outside the standard parameters. Such an event could be caused by many factors including but not limited to: inclement weather, power failures, high volume usage, etc...

CENTENNIAL BEACH - 89 Fort Meadow Drive

June 11 to June 19 — Weekdays and Weekends – 11:00 am to 7:00 pm
 June 20 to Aug 14 — Weekdays – 9:00 am to 7:00 pm;
 Weekends and Holidays – 11:00 am to 7:00 pm
 Aug 15 to Aug 21 — Weekdays and Weekends– 11:00 am to 7:00 pm
Holidays Include: Monday, July 4 – Hours 11:00 am to 7:00 pm

CENTENNIAL BEACH PASSES

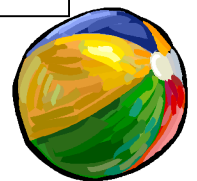
Resident Day Pass \$5.00 per day Resident Season Pass \$20.00
 Non-Resident Day Pass ...\$10.00 per day Non-Resident Season Pass\$40.00
Non-Resident Day passes will not be sold on weekends and holidays.
 Groups of 6 or more people require a special permit, issued by Hudson Recreation.

Season Passes will be available for purchase starting Monday, June 6, 2011 at 8:30 am

**Season Passes may ONLY be purchased at the Recreation Office in the Town Hall
 Mondays through Fridays from 8:30 am - 4:00 pm**

SWIMMING LESSONS

Session 1.....June 27 to July 8 (**No Lessons on Monday, July 4**)
 Session 2.....July 11 to July 22
 Session 3.....July 25 to Aug 5



Class times are as follows: 9:00 am, 10:00 am, 11:00 am, 1:00 pm, 2:00 pm, 3:00 pm

Final class schedules for each session may not be available until Monday, June 6, 2011.

Programs are held Mondays through Fridays for two-week sessions, as listed above.
 The Recreation Department guarantees a total of 8 classes out of a possible 10.

FEES FOR INSTRUCTION:

Guppies and Minnows	\$30.00
Beginners 1, 2, Advanced Beginners and Intermediate	\$40.00
Advanced Intermediate, Swimmers & Advanced Swimmers	\$50.00
Guard Start Classes (must be 11 years old)	\$65.00 resident \$90.00 non-resident
Lifeguard Training (must be 15 years old)	\$150.00 resident \$200.00 non-resident

The cost for swimming instruction is based on each individual session.

All fees are per child/per session for Hudson Residents.

An additional \$10 fee is required for Non-Residents unless otherwise stated.

SWIMMING LEVELS

Guppies (1/2 hr).....	Must be 4 by June 1st, 2011
Minnows (1/2 hr).....	Must be 5 by June 1st, 2011
Beginner.....	Must be 6 June 1st, 2011 or have Completed Kindergarten
Beginner 2 (1 hr).....	Passed Beginner 1
Advanced Beginners (1 hr).....	Passed Beginner 2
Intermediate (1 hr).....	Passed Advanced Beginners
Advanced Intermediate (1 hr).....	Passed Intermediate
Swimmer (1 hr).....	Passed Advanced Intermediate
Advanced Swimmer (1 hr).....	Passed Swimmer
Guard Start (Approx. 10 hrs).....	Passed Advanced Swimmer preferred, Ages 11—14 years old
Lifeguard Training (Approx. 35 hr Course).....	Pass Prerequisites and Must be at least 15 yrs. old

YOUTH GOLF LESSONS

AGES: 7 to 15
LOCATION: Marlborough Country Club
Concord Road, Marlborough
TIME: 5:30 pm (classes are one hour long, based on 10 people per class)
DATES: SUMMER 1.....Wednesdays - June 1, 8, 15, 22, 29
SUMMER 2A.....Mondays - July 18, 25, Aug 1, 8, 15
SUMMER 2B.....Wednesdays - July 20, 27, Aug 3, 10, 17
FEES: \$70.00 Resident Fee / per session
\$75.00 Non-Resident Fee / per session



In the event of inclement weather, the instructor will arrange for make-up classes.
Call the Marlborough Country Club Pro Shop directly for cancellations @ (508) 481-5340.

ADULT GOLF LESSONS

AGES: 16 and up
LOCATION: Marlborough Country Club
Concord Road, Marlborough
TIME: 6:30 pm (classes are one hour long, based on 10 people per class)
DATES: SUMMER 1.....Wednesdays - June 1, 8, 15, 22, 29
SUMMER 2A.....Mondays - July 18, 25, Aug 1, 8, 15
SUMMER 2B.....Wednesdays - July 20, 27, Aug 3, 10, 17
FEES: \$85.00 Resident Fee / per session
\$95.00 Non-Resident Fee / per session

In the event of inclement weather, the instructor will arrange for make-up classes.
Call the Marlborough Country Club Pro Shop directly for cancellations @ (508) 481-5340.

SUMMER SPORTS CLINIC

AGES: 6 to 12
LOCATION: Rimkus Clubhouse, Riverside Park, Hudson
DATES: June 27 to July 1
TIMES: 9:00 am to 3:00 pm
FEE: \$80.00
Five days of fast-paced, high-energy fun. Directed by Luis Macedo.

YOUTH FOOTBALL CLINIC

AGES: **Boys**, Grades 2 to 10
LOCATION: Back Field @ Hudson High School
DATES: July 13 to July 15
TIME: 8:45 am - 3:30 pm
FEE: \$150.00
Clinic directed by Bob Lord. Please bring a brown bag lunch.



(This program requires a separate registration form, which can be found at our office)

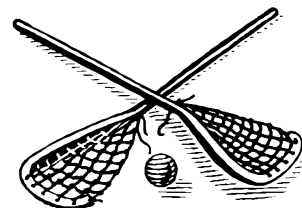
HIGH SCHOOL FOOTBALL CLINIC

AGES: Entering Grades 8 to 12
LOCATION: Back Field @ Hudson High School
DATES: August 16 to August 18
TIMES: 5:00 pm to 8:00 pm
FEE: \$50.00
EQUIPMENT: Cleats and mouthpiece.
Fundamental skills, techniques and conditioning for high school players.
Dan McAnespie is the Head Instructor, along with other surrounding town coaches.

Horseback Riding Lessons offered at Maple Grove Farm - Central Street, Hudson 978-562-9459

YOUTH LACROSSE CLINIC

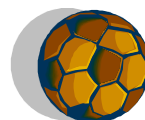
AGES: Boys and Girls - Entering Grades 5 to 7
LOCATION: Fossile Field (Between Elks and Hudson High School)
DATES: July 12 to July 14 (*July 15— rain makeup*)
TIMES: 6:00 pm to 8:00 pm
FEE: \$40.00



Minimum of 6 participants required.
The clinic will go over all the basics -- stick handling skills and game fundamentals. Boys must have a stick, gloves and helmet (lacrosse, hockey or bike). Girls must have a stick only.

GIRLS SOCCER CLINIC

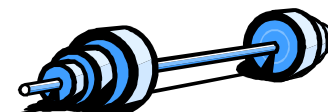
AGES: Entering Grades 8 to 12
LOCATION: O'Donnell 1 Field, @ side of Hudson High School
DATES: August 21 to August 24
TIME: 5:00 pm to 7:30 pm
FEE: \$40.00



This is a pre-season skill and conditioning clinic.

HIGH SCHOOL WEIGHT-LIFTING PROGRAM

AGES: Entering Grades 8 to 12
LOCATION: HHS Weight Room
DAYS: Mondays, Tuesdays and Thursdays
DATES: June 27 to August 11
TIMES: Session 1.....6:15 am to 7:15 am
Session 2.....7:15 am to 8:15 am
Session 3.....8:15 am to 9:15 am
Session 4.....9:15 am to 10:15 am
Session 5.....10:15 am to 11:15 am



- Football (Grades 9-12)
- Football (Grades 9-12)
- Football (8th Grade/ Beginner)
- OPEN Girls Lifting
- OPEN Boys and Girls Lifting

FEE: \$25.00 per session

Please note: Instructor may move any participant from one session to another based on his/her experience, physical condition and/or prior training. More detailed program information can be found at the Hudson Recreation Office.

HIGH SCHOOL SPEED CAMP

AGES: Entering Grades 8 to 12
LOCATION: Morgan Bowl Track @ Hudson High School
DAYS: Tuesday and Thursdays
DATES: June 28 to August 11
TIMES: Beginner/Intermediate.....6:00 pm to 7:00 pm
Advanced/Elite.....7:00 pm to 8:00 pm

FEE: \$25.00 per session

Please note: Instructor may move any participant from one session to another based on his/her experience, physical condition and/or prior training. More detailed program information can be found at the Hudson Recreation Office.

OUTDOOR FITNESS BOOT CAMP

AGES: Adults of all fitness levels
LOCATION: Morgan Bowl Track @ Hudson High School (rain or shine)
DAYS: Mondays, Wednesdays and Fridays
DATES: June 27 to September 2
TIMES: 6:00 am to 7:00 am
FEE: \$225.00



Minimum of 10 participants required.

Please contact Karen Scafidi at 978-875-0203 with any questions.

MOMMY, DADDY and ME KAYAKING

AGES: Parents and Children Ages 1 - 5
LOCATION: Centennial Beach
89 Fort Meadow Drive, Hudson
TIME: 2:00 pm - 3:30 pm
DATES: Session 1.....Tuesdays - July 5, 12, 19
Session 2.....Thursdays - September 29, October 6, 13
FEES: \$95.00 Adult/Child Pair
\$70.00 Each Additional Adult

This program was developed by Still River Outfitters, Inc. to address the growing number of active adults starting families. In addition to basic paddling skills and safety considerations, we help parents adapt our proven strategies to comfortably paddle with a toddler. This class is taught in stable recreational kayaks where the child will sit safely between the parent's legs in the kayak's cockpit.

INTRO TO KAYAKING - YOUTH

AGES: 10 to 15
LOCATION: Centennial Beach
89 Fort Meadow Drive, Hudson
TIME: 3:30 pm - 5:30 pm
DATES: Session 1.....Tuesdays - July 5, 12, 19
Session 2.....Thursdays - September 29, October 6, 13
FEES: \$85.00 Child

Introduction to Kayak for Youths provides kids the chance to learn exciting new skills. This youth specific kayaking class teaches the same skills and safety considerations as our adult program but in a kid friendly format. Kayak games and activities will be used to give kids the needed practice while keeping them active and engaged.

ADVENTURE KIDS

AGES: 8 to 14
LOCATION: Centennial Beach
89 Fort Meadow Drive, Hudson
TIME: 12:30 pm - 3:30 pm
DATES: August 22 - 24
FEES: \$110.00 Child

This program runs for 9 hours over 3 days and combines recreational kayaking skill development with Adventure Education initiatives for a truly unique experience. Participants will learn to overcome challenges individually through paddling and as a team through our fun challenge games. Our staff members are ACA Certified Instructors and Trained Adventure Facilitators. Appropriate for kids 8 – 14 years old.

INTRO TO KAYAKING - ADULT

AGES: 16 and Up
LOCATION: Centennial Beach
89 Fort Meadow Drive, Hudson
TIME: 5:30 pm - 7:30 pm
DATES: Session 1.....Tuesdays - July 5, 12, 19
Session 2.....Thursdays - September 29, October 6, 13
FEES: \$85.00 Adult

Introduction to Kayak is a 6 hour program that emphasizes safety, enjoyment and skill acquisition in stable "recreational" kayaks. This instructional programs' introduction to safe and efficient paddling is relevant for learning the foundation skills for paddling all types of kayaks. This course is designed for adults, but children ages 10 -15 are welcome to participate with a parent.

FALL FOLIAGE KAYAK TRIP

AGES: Open to all (see fees below)
LOCATION: Assabet River (Exact location TBD)
89 Fort Meadow Drive, Hudson
TIME: 3:00 pm - 6:00 pm
DATES: October 22, 2011
FEES: \$65.00 - Ages 15 and over / \$30.00 - Ages 6-15 / Free - Ages 5 and Under (with paying Parent)

Enjoy the beauty of fall in New England from a different perspective. An experienced guide will lead you down the river at a leisurely pace. No experience is necessary. All ages are welcome. Provide an email address at registration and the meeting location will be sent a couple of days prior to the class.