

### Our Mission

The Central MetroWest Substance
Abuse Prevention Collaborative is a
regional effort serving the
communities of Ashland,
Framingham, Hudson, Natick,
Northborough and Southborough
to prevent and reduce underage
drinking. We do this using
evidence-based strategies to limit
youth access to alcohol and
strengthen connections with caring
adults.

# Our Guiding Principles

- Data-Driven and Informed
- Youth-Advised
- Founded in Positive Youth Development (PYD)
- Intelligible to All in our Community
- Culturally Humble
- Engaging for All Adults Who Support PYD
- Reflective of cluster differences

The Central MetroWest Substance Abuse Prevention Collaborative is funded through a grant from the Massachusetts Department of Public Health, Bureau of Substance Addiction Services.

# Central MetroWest Substance Abuse Prevention Collaborative

HUDSON | NATICK | FRAMINGHAM | ASHLAND | NORTHBOROUGH | SOUTHBOROUGH

## What is CMSAPC?

The Central MetroWest Substance Abuse Prevention Collaborative is a coalition of youth-serving organizations, health departments, and community substance abuse prevention coalitions representing 6 communities in the Central MetroWest Region of Massachusetts. Beginning in 2015, this coalition formed in order to identify shared causes of youth substance use across our six communities, as well as to create shared programs and policies that might foster healthy young people.

Stronger policies for alcohol retailers across all our communities

Reduced
Youth
Substance
Use

Increased resiliency among youth in our community, fostered through positive youth-adult relaitonships

## **Prevention Efforts**

Based on our strategic planning, the collaborative has identified prevention efforts that focus on connecting youth to caring adults and enhancing local policies and regulations. Our specific projects include:

- Training adults in our communities who work with youth in <u>Positive</u>
   <u>Youth Development</u> in order to promote youth empowerment and resiliency.
- Identifying opportunities to connect youth with the caring adults who exist in their communities.
- Developing tools for and providing support to efforts to enhance alcohol pouring and retail policies and regulation on the town level.

For more information, or to get involved, please contact: Colin Gallant | (978) 568-9658 | cgallant@townofhudson.org