

## **Town of Hudson Council on Aging**

### **Minutes for 9/1/21 COA Board Meeting, Hudson Senior Center, 29 Church St. Hudson MA**

Virtual Meeting was called to order at 1:00 by Patricia Desmond; Chair.

**Members in attendance;** Patricia Desmond; Chair, John Gill, Vice Chair, Nina Smith; Treasurer, Diane Durand; Recording Secretary, Charlie Corley, Tony Monteiro, Ed Silveira and Janice Long; Director.

**Members absent;** Melissa Esteves and Janet Saluk

**Guests;** Kathleen Janssen and Justin Roshak; Community Advocate

Patricia Desmond asked for any additions to the **Agenda** presented. A motion was made by Charlie Corley to accept the Agenda. The motion was seconded by Ed Silveira and the vote was unanimous by roll call vote.

Patricia Desmond asked for any corrections to the **Minutes** of 7/7/21. A motion was made by Ed Silveira and seconded by Nina Smith to accept the minutes as presented. The roll call vote was unanimous for approval.

The **Treasurer's Report** was presented by Nina Smith. Nina reported the current balance of \$56,227.99. The amount of \$2558.20 was returned to the Town. Nina could not report on the Revolving Account due to not having the Town's deposits. Tony asked for the amount we spent last year which Nina responded \$13,000. Ed Silveira made a motion to accept the Treasurer's Report. The motion was seconded by Charlie Corley and the vote was unanimous by roll call vote.

#### **The Director's Report;**

- Janice mentioned that the All Purpose Room floor replacement has started.
- The Friends have decided not to hold the Annual Cookout but are still hopeful to hold their Fall Fair in November.
- Kate Hogan has offered to assist the Friends in retrieving as much of the lost monies due to the Deck Project.
- Janice is very excited to share that she and Holly were able to work with Hudson group Synergy Wellness Center to offer programming to seniors which address anxiety/stress and mindfulness. Each class will be limited to 16 participants.
- Janice has postponed the start of fitness programs due to Covid.
- Janice and Ana have been trained in a UCLA Memory Training Program to be offered in October
- Janice noted that anyone coming to the Center will be required to wear masks due to the Covid increase reported recently.

A motion was made to accept the Director's Report by Tony Monteiro and seconded by Ed Silveira. The vote was unanimous by roll call vote.

**Outreach Report;** Janice reported that numbers are good with an increase in Medicare enrollments and staff have been very busy with challenging new cases. A motion was made to accept the Outreach Report by Ed Silveira, seconded by Nina Smith. The roll call vote was unanimous.

**Bus Driver's Report ;** Janice noted that rider numbers are increasing and expressed her pleasure with the bus drivers we employ. A motion was made to accept the Bus Driver's Report by Charlie Corley, seconded by Diane Durand and the roll call vote was unanimous.

**Facilities Report;** Janice noted that they are having issues with the refrigerators and freezer which is 11 years old. Diane questioned the progress of repairing the seams on the outside ramp. Janice has contacted Kenny at the DPW for repairs.

**Friends' Report;** see Director's Report

**Correspondence;** Janice has received notice of a \$5,000 donation from a senior who recently passed away.

**Old Business;** Janice reported that there have been approximately 20 breakthrough cases of Covid per week for Hudson.

**New Business;** Janice presented the upcoming use of the Senior Center by outside groups. Those groups requesting use are Hoarding Group – weekly in the Library, Hudson Garden Club – monthly in the All Purpose Room, Camera Club – bimonthly in the All Purpose Room and Learn To Cope – starting in October; weekly. Tony made a motion that Janice slowly phase in these groups and the Board will revisit this issue next month to see how things are progressing. Charlie Corley seconded the motion and the roll call vote was unanimous.

A motion was made by Ed Silveira at 1:41 to adjourn. The motion was seconded by Nina Smith and the vote was unanimous by roll call vote. The next meeting will be held on 10/6/21.

Respectfully submitted by,  
Diane Durand