

Town of Hudson Council on Aging

Minutes for 10/6/21 COA Board Meeting, Hudson Senior Center, 29 Church St. Hudson MA

Virtual Meeting was called to order at 1:00 by Patricia Desmond; Chair.

Members in attendance; Patricia Desmond; Chair, John Gill, Vice Chair, Nina Smith; Treasurer, Diane Durand; Recording Secretary, Charlie Corley, Melissa Esteves, Tony Monteiro, Janet Saluk, Ed Silveira and Janice Long; Director.

Members absent; none

Guests; none

Patricia Desmond asked for any additions to the **Agenda** presented. A motion was made by Ed Silveira to accept the Agenda. The motion was seconded by Janet Saluk and the vote was unanimous by roll call vote.

Patricia Desmond asked for any corrections to the **Minutes** of 9/1/21. A motion was made by Ed Silveira and seconded by Nina Smith to accept the minutes as presented. The roll call vote was unanimous for approval.

The **Treasurer's Report** was presented by Nina Smith. Nina reported the current balance of the budget as \$27,044.42. Tony Monteiro made a motion to accept the Treasurer's Report. The motion was seconded by Charlie Corley and the vote was unanimous by roll call vote.

The Director's Report;

- Janice mentioned that she had two flush mount ceiling lights in the Reception Area replaced with LED lighting. She was later told that this expenditure could be paid for by a grant written by the Community Development Department.
- The Friends have decided not to hold their Fall Fair this year.
- Janice has applied to the Cummings Foundation for \$100K to complete the deck project.
- Janice is very excited that the Hudson Health Department has hired a licensed Social Worker, Alex O'Hare and she will be working at the Senior Center on Thursdays for the next 3 years. Alex previously was involved with our Friendly Chat program.
- Due to Covid, the Parkinsons Class is being offered at the Center, a Stress Reduction class begins in October and other fitness classes will continue via Zoom for at least another month.
- Janice noted that activities are going well; the Culinary Department at Assabet Valley has agreed to offer one Grab and Go lunch and a Grab and Go Early Dinner in October for seniors.
- Assabet Valley's Tech Savvy students will continue to assist seniors via Zoom.
- Janice mentioned that Daybreak is well attended in all 3 locations. Janet suggested holding Hudson's group downstairs to access the patio. Janice will discuss this with Lisa.

- Janice noted that "Hiking with Gary Durand and Rocky Zina" is welcomed by several seniors.

- Janice announced that the Town Manager has approved our Mindfulness and Emotional Well Being program to be funded under ARPA. The Director of Finance has set up a separate account for the program and the Town has preliminarily approved up to \$25K for mental health assistance.

A motion was made to accept the Director's Report by Charlie Corley and seconded by Nina Smith. The vote was unanimous by roll call vote.

Outreach Report; Janice reported that staff is busy with 62 people requesting fuel assistance. They are working on 8 cases of mental health issues. Ana and Janice are offering a Memory Training class which filled up very quickly. A motion was made to accept the Outreach Report by Ed Silveira, seconded by Diane Durand. The roll call vote was unanimous.

Bus Driver's Report ; Janice noted that rider numbers continue to increase and expressed her pleasure with the bus drivers we employ. She highlighted Lenny's willingness to help out at the Center with anything that needs attention, even on his own time. A motion was made to accept the Bus Driver's Report by Ed Silveira, seconded by Janet Saluk and the roll call vote was unanimous.

Facilities Report; Janice pointed out that the painting of the Great Room has begun.

Friends' Report; none

Correspondence; none

Old Business; See Director's Report

New Business; Janice informed the Board that the only outside group utilizing the Center after hours is the Hudson Garden Club. She has not received notice from the Learn To Cope group or the Hoarders. Camera Club is scheduled for 10/20 but representatives feel they may postpone this starting date and continue via Zoom.

- Janice questioned the desire of the Board to continue meetings via Zoom or in person. Members felt that we continue meeting via Zoom until January and then revisit this.

A motion was made by Charlie Corley at 1:32 to adjourn. The motion was seconded by Ed Silveira and the vote was unanimous by roll call vote. The next meeting will be held on 11/3/21.

Respectfully submitted by,
Diane Durand