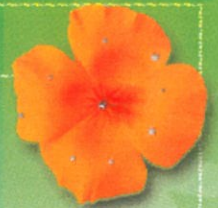


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Friendly Visitor Program



The Friendly Visitor Program provides social visits by trained volunteers to homebound seniors in our community. The purpose of this free program is to aid in minimizing the loneliness and isolation of the seniors. This can be a rewarding experience for both the senior and the volunteer and in many cases lasting friendships are formed.

Seniors Wanting a Friendly Visitor

Seniors must be 55 and over, homebound (no longer driving), and able to interact socially.

Volunteer and senior matches are based on shared interests, geography, volunteer availability and personality as much as possible.

To Become a Friendly Visitor

Volunteers will need to fill out an application, be interviewed and attend a volunteer training orientation. Volunteers will be matched with a senior for bi-weekly visits of an hour or more.

To volunteer or request a Friendly Visitor please contact the Volunteer Coordinator for the Hudson Senior Center at 978-875-1925.

The Friendly Visitor Program is for any homebound senior who enjoys the company of a smiling face.

Friendly Visitors Provide

- Socialization
- Friendship/Companionship
- Reminiscence/Life Review
- Sharing Resources
- Recreation/Walking
- Games/Music
- Hobbies/Reading
- Provide information on Current Events

Friendly Visitors Do Not

- Clean House
- Move Furniture
- Bathe, Manicure or Other Personal Care
- Transport