



TOWN OF HUDSON BOARD OF HEALTH

78 Main Street Hudson, Massachusetts 01749

office (978)562-2020 • (978) 562-8508 fax

FOR IMMEDIATE RELEASE 10/26/2020

HUDSON COVID-19 UPDATE

From Monday, October 19 to Monday, October 26, 2020, the Hudson Board of Health was informed by the Massachusetts Department of Public Health (MDPH) about 17 additional Hudson residents with a confirmed positive test result for COVID-19. The number of residents who have tested positive for COVID-19 in Hudson is now 322.

COVID is persistently high risk in Hudson, and we want to remind residents to remain vigilant - wear masks, get tested/stay home if they feel sick, stop having gatherings and practice social distancing.

What You Should Do:

- **Wash your hands often** with soap and water for at least 20 seconds, especially after being in a public place, or after blowing your nose, coughing or sneezing.
 - If soap and water are not readily available, use a hand sanitizer with at least 60% alcohol.
- **Avoid close contact** with people who are sick. Some people without symptoms may be able to spread the virus.
- **Practice social distancing by keeping at least 6 feet** — about two arm lengths — away from others if you must go out in public. People can spread COVID19 up to 48 hours before they have symptoms. That's why social distancing is so important— no matter what.
- **Cover your mouth and nose with a [cloth face cover](#)** when around others and when you must go out in public, such as to a grocery store. The cloth face cover is meant to protect other people in case you are infected.
 - Continue to keep about 6 feet between yourself and others. The cloth face cover is not a substitute for social distancing. See [CDC guidelines](#), including [how to create](#) your own cloth face cover.
- **Clean and disinfect** frequently touched surfaces daily. This includes tables, doorknobs, light switches, countertops, handles, desks, phones, keyboards, toilets, faucets and sinks. Follow [CDC guidance](#).
- **[Quarantine after travel](#)**: Travelers who do not comply with these rules may be subject to a civil fine of \$500 per day.
- **Feeling unwell?** [Check your symptoms](#).

Get Tested! Stop the Spread:

The Stop the Spread program is intended to provide low barrier, free, and easy to access testing to all Massachusetts residents. For a full list of testing sites, visit [Stop the Spread](#).

- Open to all Massachusetts residents
- Testing is not restricted to residents of the cities where sites are located
- You don't need to have any symptom(s)
- No cost to you
- Out-of-state residents are not eligible for free testing under the Stop the Spread program

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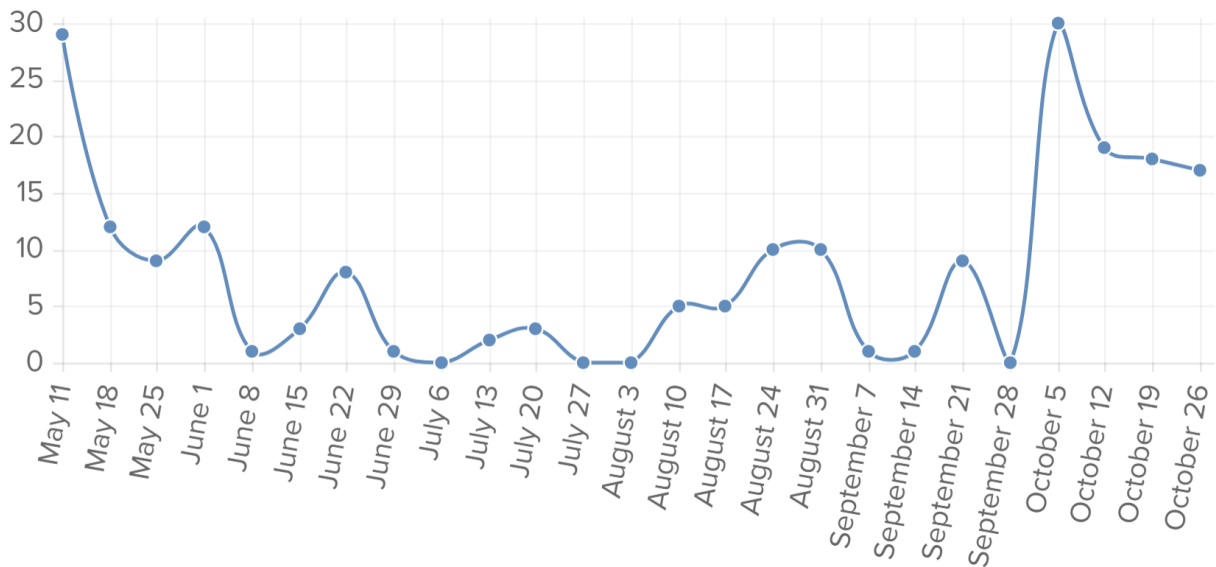
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Hudson COVID-19 Cases as of October 26, 2020

| Total Cases to Date | Additional Cases since 10/19 | Active (Under Isolation) | Recovered (Completed Isolation) | Fatalities |
|---------------------|------------------------------|--------------------------|---------------------------------|------------|
| 322 | 17 | 30 | 289 | 3 |

| Category | | Number of Confirmed Cases | |
|------------------|----|---------------------------|----|
| Sex | | | |
| Male | | 158 | |
| Female | | 164 | |
| Age Group | | | |
| <10 | 12 | 50-59 | 60 |
| 10-19 | 31 | 60-69 | 45 |
| 20-29 | 40 | 70-79 | 11 |
| 30-39 | 60 | 80-89 | 6 |
| 40-49 | 57 | >90 | 0 |

Weekly Case Counts



For more charts and visuals, visit the Hudson Health Department's [COVID page](#).

Resources for COVID-19 Information:

1. **Sign up for text message alerts:** Send COVIDMA to 888-777
2. **Mass 211:** 24 hours/day, 7 days/week. All calls are free and confidential. Available in multiple languages.
3. **MEMA Resource Map:** [COVID-19 Public Resources Map](#)
4. **Additional resources:**
 - a. Massachusetts Department of Public Health: www.mass.gov/2019coronavirus
 - b. Center for Disease Control: www.cdc.gov/coronavirus/2019-ncov
 - c. Hudson Health Department: <http://www.hudsonhealthdept.org/coronavirus>