

FEBRUARY IS HEART HEALTH MONTH!

Blood Pressure Clinic



**FREE blood pressure screening,
information on heart health & more!**

- *Location: Town Hall (auditorium)*
- *11:00am - 1:00pm*
- *February 22nd, 2023 (Wednesday)*

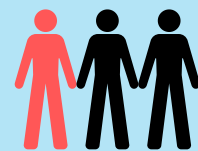
**GET YOUR BP CHECKED AND YOU WILL BE ENTERED IN A RAFFLE
FOR A CHANCE TO WIN A PRIZE!**

DID YOU KNOW?

Did you know that high blood pressure usually doesn't have any symptoms?

Many people who have high blood pressure don't know it. Because many people feel fine, they don't think they need to get their blood pressure checked.

Even if you feel normal, your health may be at risk.



**About 1 in 3 U.S. adults
with high blood pressure
aren't even aware they
have it.**