

Hudson Community Social Worker Bulletin

My name is Alex O'Hare and I am the Hudson Community Social Worker. This bulletin includes the services I provide and current community programs. I look forward to hearing from you.



Housing Services:



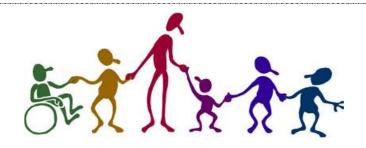
- Housing applications:
 CHAMP
 and section 8 applications
- Rental assistance: RAFT application
- **Shelters:**Bed search for shelters

Community Services

Mental Health Services:

- Mental Health referrals: therapy and psychiatry
- One-on-one consultation: added emotional support by social worker
- Crísis-intervention: consultation for level of care Needed

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Food Services:



- Food assistance:

SNAP and food pantry applications



Financial Services:



- Transportation:

uber rides for low income residents for medical appointments only. Screening required.

-Deep cleaning:

Deep cleaning for those at

rísk of losing housing or those living in inhabitable conditions. Screening required.

Health Services:



- Health insurance:

MassHealth and Health Connecter applications

- Doctor search:

Assistance with finding providers depending on health insurance



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Monthly Support Groups

Bereavement Support Group Monday, January 9th at 1pm @ Hudson Seníor Center Monday, January 23rd at 1pm @ Peter's Grove

Losing someone you love and care about is one of the most difficult tragedies a person can experience. The grieving process can cause someone to have a wide range of emotions and it is important to get support during this time. This support group is open to all ages and will be a safe place to share with others challenges through the grieving process.

Caregivers Support Group

Thursday, January 12th at 1pm @ Hudson Senior Center A monthly Caregivers Support Group the second Thursday of every month. Having a role as a caregiver to someone you love can be rewarding and a stressful experience. This support group can be a safe place to share with other caregivers the stresses, challenges, and rewards of providing care to our loved ones.

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